



## WHAT'S HAPPENING @ CCS

### SOUL SURFER EVENT

#### BETHANY HAMILTON

"I can do all things through Christ who strengthens me." Bethany Hamilton's visit gave our students a powerful example of living out CCS' theme verse for this year. The school community has been blessed in so many ways, and we are stoked to announce Bethany's visit helped CCS raise over **\$67,000!**



The benefits of this event go far beyond the dollars raised:

- Bethany challenged students to trust God no matter the circumstances. She beautifully illustrated quiet wisdom, encouraging all in attendance to get off the treadmill of society's definition of beauty and power and to focus instead on building strong character and healthy relationships.
- CCS developed meaningful relationships with Winsport, new sponsors and members of Bethany's team (agency & Bryan Jennings) and discussions continue for new ideas that could benefit our students and school community.
- Finally, CCS was highlighted throughout Calgary, and at the event itself, with sponsored marketing.

We pray the Lord will work through this event to speak into the lives of all who attended. We can only pursue unique opportunities like this because of the committed support of our school community. Thank you for your support of this initiative!

### CAMPUS-WIDE CHANGES IN WASTE

#### CCS GREEN

Beginning October 31, our school community will start to separate trash according to Calgary's revised waste management plan. The goal is to sort organic and recyclable materials away from other garbage. Trash separation stations made up of four collection bins will be placed in high-traffic or central locations within each building. In elementary classrooms, a special organic waste bin will be provided. Easy to understand pictures will be posted above each receptacle to show what type of items go into each container. Please be aware that some practices at the school may be different from what is expected by the City in our homes. We will continue to share information with families as the plan progresses.



### SOCIETY MEETING IN NOVEMBER

#### STAY INFORMED & BE CONNECTED

Join us at the Secondary Campus on **Tuesday, November 22 at 7pm** for our annual society meeting. Hear from our Principals, Executive Director as well as a financial summary to learn what is happening around CCS. This is a great chance to connect with our Community too!

### BLESSINGS AND BURDENS MINISTRY

#### FROM NEW COORDINATOR

There is nothing more precious than loving and supportive relationships in our family and community as I have experienced this personally and professionally so many times. *As a witness of a war in former Yugoslavia from 1990 to 1995*, and as a frontline social worker for more than 15 years, I have learned that being there for each other in good times and in bad times, in happiness and in sorrow is the most beautiful gift we can give. I am grateful to God for teaching me what matters most in life.

This fall, as I took over the Blessings and Burdens Ministry, we immediately had several families in need we had to respond to. Our freezer was empty, and I was still settling into my role as coordinator of this ministry, but before I knew it, frozen meals were coming in, prayers were led by Parents Who Pray and many parents offered emotional support through visiting families in need. My heart was overflowing with gratitude: "Thank you God, for such a compassionate and kind community." It was clear to me that my main role here is to hold up a mirror so you can see God's love that you carry within you.

One of our parents just recently suggested that we volunteers get together at the elementary school and cook for the Blessings and Burdens Ministry. This is a great opportunity to fill out our freezer in one day! Christmas is around the corner and we have to keep everyone fed and happy. Put **November 24** on your calendar from 9am-12pm. Please email: [blessings@calgarychristianschool.com](mailto:blessings@calgarychristianschool.com) for additional details.

*Thank you all for your support and help. Natalija R.*

### PARENTS @ CCS

#### FIND THE INFO!

On our website we have a tab for [PARENTS](#), this is where you can find details on School Council, Student Banking, Parents Who Pray (meet on Tuesdays), Blessing and Burdens (support our CCS Community), as well as a Community Notice Board (looking for help at home or want to advertise?! Plus the school calendars and bell schedules are posted there too!

Check it out: [calgarychristianschool.com/parents](http://calgarychristianschool.com/parents)

# WHAT'S HAPPENING @ CCS

## ANNUAL SPORTS TOURNAMENT CHRISTMAS BREAK

We've got an exciting event coming up on Friday and Saturday, Dec 30 and 31, 2016 – it's the FOURTH Annual Alumni Sports Tournament, featuring basketball on Friday afternoon and volleyball on Saturday (beginning at 10am)!

We are inviting not only alumni, but former parents, former and current STAFF and current Varsity players to participate! For only \$5 per player per sport, you'll receive a team T-shirt and photo, have opportunity to win LOADS of door prizes, and get the chance to play against staff and current Varsity players! It's going to be a great time of friendly competition, reconnecting with former teammates and celebrating the HUGE CCS community! Even if you don't have an athletic bone in your body, you are invited to come participate by cheering on your favourite team, refereeing, scorekeeping or volunteering in a variety of ways, or by donating a door prize! Stay tuned for information on how to register or for more information about volunteering or donating, please contact our Alumni Liaison Karen Dees at [kdees@calgarychristianschool.com](mailto:kdees@calgarychristianschool.com). For this and much more, please LIKE the CCS Alumni Facebook page at [www.facebook.com/calgarychristianschoolalumni](http://www.facebook.com/calgarychristianschoolalumni)"



## UPCOMING CONCERT DATES SECONDARY MUSIC PROGRAM

MS/HS Choir:

December 9—Hitmen Game Carol Sing

December 14—Christmas Concert at 7pm at Emmanuel

7, 8/9 Band and Senior Band Concert Dates:

November 10—Remembrance Day Assembly; with MS and Senior Choir and Band to perform

January 11, 2017—CCS Winter Concert at 7pm



## POINSETTIAS FOR SALE SUPPORT MUSIC

The annual poinsettia sale is happening right now! All proceeds from the sales will go to this year's local music tour for Secondary students. Orders are due November 10 and pick up is December 1st, before or after school. Order form is [available here](#).

## DOGS AT SCHOOL NOTICE

For many years, dogs were officially banned from the CCS campus. However, this expectation has not been strongly enforced over the years. This means the habit of walking through the campus with a dog, or bringing the family pet to campus during outdoor events or activities has grown more commonplace.

Calgary is a dog city. There is no doubt about that. Many of us consider these furry-faced friends a part of the family. We get it. Yet, we must continue to think about the needs of the greater community. Not everyone has a dog. Some people – especially small children – may be afraid or even allergic to dogs.

So, from a positive position of safety, fairness and cleanliness, we'd like to propose the following revision to common guidelines about having dogs at school:

- dogs will only be permitted outdoors – unless it is a service animal
- dogs will remain on leash and under supervision of a family member
- dogs will be expected to remain on walkways and the grassy perimeters of play areas
- dogs will ask their family nicely to pick up after them if they make a deposit on the lawn
- as much as they want to be one of the kids, dogs will remain on the sidelines, avoiding sports fields, sport courts and the designated playground areas where children are playing (near swing sets, etc.)

With these few, simple guidelines, we hope we can improve everyone's enjoyment of our campus' outdoor amenities.

## GETTING ENOUGH SLEEP WHO'S TIRED?

Today's students are getting less sleep than children from past generations. Our school nurse has sent this resource for parents. You can read it [HERE](#) on our website.

### Book Week @ the Elementary

Nov. 23rd – 25th

\*Dress-As-A-Book Character: Wednesday, Nov 23

\*Bring a book....Swap a book: Wednesday, Nov 23

\*Book Fair:

Wednesday 8:30 -4:00 pm.

Thursday 8:30-4:00 pm.

Friday 8:30-12 noon



Here is the website for our Christian vendor [www.livingbooks.ca](http://www.livingbooks.ca). Feel free to contact her through this site to request books that you are interested in purchasing and she will bring them to the Book Fair.

\*Age-appropriate books must be brought into class by Friday, November 18 in order to participate in the swap!

# ELEMENTARY SCHOOL INFO

## HIKE DAY FUNDRAISER



Thanks to everyone who helped with our elementary hike on Wednesday, October 12.

Approximately 440 students, joined by teachers and parent volunteers, enjoyed a crisp fall morning hike on October 12th. We hiked for 1 1/2 hours to 2 1/2 hours depending on the grade level. Despite the cooler weather, the students were delighted with their freezies. The hot chocolate back at school was a hit! Thanks for all the support. We couldn't do it without you! Our efforts raised **\$17,607.00** which will be put towards technology, PE equipment and literacy materials, as well as our 10% tithe to Roaring Creek School in Belize.

## CCES FAMILY LIAISON COUNSELLOR KELLY SCHMAULTZ

I recently read an article called, "Stress Lessons Parent's Guide." The article talks about learning to deal with stress and how to help our children in their understanding of stress. I thought I would pass it onto the parents at CCS as a great mental health resource. The article can be found at <http://www.self-regulation.ca>. The article comes from the Psychology Foundation of Canada.

### Understanding Stress and Anxiety: a Parent Guide to Support Positive Action

Children who learn to respond to stress in a healthy and constructive way early on, are more resilient and better able to cope with whatever life sends their way.

That is the *raison d'être* for the publication Stress Lessons Parent's Guide produced and shared by the Psychology Foundation of Canada [www.psychologyfoundation.org](http://www.psychologyfoundation.org). This free resource aims to support parents and teachers of children in Grades 4-6, but the fundamental truths about stress, anxiety and our capacity to move from surviving to thriving are applicable for all ages. It is another of the important connections to the growing field of self-regulation awareness and action.

We know that stress is normal and we cope with it every day, often while maintaining good health and a positive, well-balanced outlook. However, too much stress in one area or too many stressors overall can lead to anxiety, pushing us into a state of dis-regulation. That's where deeper understanding of neurophysiology can help and where effective/strategic interventions become difference makers. The Stress Lessons guide can be a useful resource to renew/refresh your thinking and your approaches to working with the young people who are counting on our support and guidance.

## TFT @ ELEMENTARY CAMPUS COMMUNITY BUILDING

Grade 5 students have once again partnered with Brown Bagging for Calgary's kids. The students made snack packs on Thursday, October 27 to deliver to a school in need where they will be used to help feed hungry students with no lunches. Thank you to those who donated to help us be servant-workers!



## OPERATION CHRISTMAS CHILD 2016

Operation Christmas Child was started in 1990. To date, Operation Christmas Child has collected and distributed over 135 million shoebox gifts worldwide. In 2015, Canadians donated more than 730,000 Operation Christmas Child shoeboxes for hurting children around the world.

As a service project, the grade two classes at Calgary Christian School will be collecting boxes in **November**. **Information is going home Thursday, November 3**. Boxes will be **picked up** at the school on Monday, Nov. 21st. Please have your shoeboxes in **NO LATER** than **Friday, Nov. 18**.

-Please ensure your box is closed tightly (use tape or elastic bands)

-Check their [website](#) for suggested items/items not needed (please note: candy is **NO** longer permitted)

-If you lose your labels, print them off again at the Operation Christmas child website

-[This is a helpful blog](#) posting on shoe boxes!

Thank you for supporting our grade two community in making this meaningful project a great success! We are so thankful.

## HOT LUNCH PROGRAM

### SUPPORTING CCS



Did you know this program helps raise money for the ES Campus to pay for special and extra activities such as Beakerhead and Alien inline skating, that otherwise would not take place at our school!? You can volunteer [HERE](#). A special additional Mr. Sub lunch will take place on Tuesday, November 22. Orders will be open online ([Hotlunches.net](http://Hotlunches.net)) on November 1 under ES special lunches. Deadline for ordering will be Tuesday, November 15.

## NOVEMBER IS TO REMEMBER

### YOU ARE INVITED

Seniors and grandparents connected to our school community are invited to the special **Elementary Remembrance Day** chapel at Emmanuel Church on Thursday, November 10 at 2:10pm. Due to the size of the venue, we ask that only our special invitees, seniors and grandparents, attend this chapel.

We also would like to extend an invitation to a special soup lunch honouring our seniors and grandparents on Friday, November 18 at 11:30 - 12:30pm in the Elementary School Gym. Grade 6 students will be serving soup and Grades 1 to 5 will participate with singing. Guests must RSVP [by email](#) or phone: 403.242.2896 ext.352 by November 14; please note seating is limited.



# SECONDARY SCHOOL INFO

## PRINCIPAL UPDATE

FROM MR. LLOYD BOODY

### Celebrations:

What a great experience we had together **hosting Bethany Hamilton!** Thanks to our Society for their leadership, to our many volunteers for their assistance, and to young Amaliya for her vision and boldness.



Mr. Bonk has received approval from our acting superintendent, Dr. Garry Andrews, to plan and prepare for our annual **Belize trip**. This service experience grows our students' spiritually, advances their emotional maturity, and accelerates their independence while re-defining their worldview.

Our Cross Country teams had excellent seasons (HS team of 2 runners for first time):

- MS won the meet series
- HS runners finished as high as 2nd & 3rd in their races



Volleyball teams are learning and competing well - thanks to an excellent roster of **coaches, managers, and teacher sponsors:**

Gr 7 girls Leslie H, Corrin B, Lauren G  
Gr 8 girls Chris W, Michael S, Kaitlyn G, Janelle R, Cara M  
Gr 9 girls Stephanie L, Julie S, Kate L, Michaela W, Karen Y, Shauna G  
Sr Girls Layne Kilbreath  
Gr 7 boys Ann K, Monique V, Monique W  
Gr 8 boys Laura D, Levi O, Susan K  
Gr 9 boys - Mark Jonker, Chase A, Aden W, Tamara K  
JV Boys Kevin Francisco  
Sr Boys Jadan Barthel

Special thanks to our **Athletic Directors** - Mr. Jonker & Mr. Francisco, as well as our amazing parent volunteer, Pat F, for their work to organize, inspire, and provide these athletic opportunities to so many students. Our teams are experiencing great success, and you can see us in great form as we approach the height of the season.

Mrs. Delaney has just finished selecting the script and score for our annual **Drama**. Stay tuned for more details...

### Challenges:

*Richard Abma is beginning his cancer treatment.* Please continue to pray for Richard and his family and supporters.

We had our first **School Council** meeting for the Secondary on October 2 and the minutes from that meeting can be [found HERE](#) on our School Council webpage. Going forward the plan is to have Campus specific meetings which will allow parents and admin to have more focused discussions for collaboration at CCS. Our thanks go to Paul V accepting executive responsibilities as chairperson. If you have questions, please direct them to the [School Council email](#)

Our traditional cycle of emailing monthly **student progress reports** has had to be suspended as PowerSchool does not currently provide us with the capacity to do those reports. As a result, we sent home printed reports for the academic core classes on October 19, before Teachers' Convention. Our plan is to repeat the process again prior to Christmas. The Palliser technology team is hard at work to address

those issues, and hopefully restore us to our monthly email reporting cycle. Thanks for your patience and understanding of the context in the meantime.

### Opportunities:

Ms. Monson is mentoring our HS leaders as they prepare for their teaching and leading roles at the annual **Blue Team Student Conference** in early November.

Our Grade 9 students just shared a pizza lunch and experienced a preview of high school as they were joined by the Menno Simmons grade 9s on October 18. That was followed up a week later on October 25 by our **Open House** event, which is our major recruiting effort for new students. We are investing a great deal of time and energy into strategizing for these events, as well as creating a climate of openness and free-flowing information to assist families in making their schooling decisions.

We have started **promoting our school** by increasing our school's exposure on social media with images of our students at various events - volleyball games, special events, etc. We are being careful to follow FOIPP guidelines, and will not be posting full student names with images. Thanks for your support and help in telling our story, celebrating our students' successes, and building our learning community.



As **Remembrance Day** approaches, I want to extend an invitation to join us for our annual ceremony of remembering and honoring those who have sacrificed for our common freedoms. Pastor Layne plans a ceremony for our chapel on Nov. 10 that will in parts remind, inspire, and call us to respectfully express our gratitude. Our shared history of sacrifice points us to the universal life-changing truth of God's sacrifice, and these are stories we need to recall and remember.

We will once again collect food donations for the Veteran's Food Bank beginning on November 7.

## CAREER NOTES—Grade 11 and 12 FROM MRS. FOSTER

Are you looking for **viewbooks** from Post-Secondary institutions? I have print materials from many popular universities including SAIT, U of C, Mt. Royal and UBC. Help yourself to the books -on the shelf near my desk. Just lift the shelf to access the stack of viewbooks underneath.

Post-secondary representatives are visiting our campus:

UBC - Friday, Nov. 4

Columbia Bible College - Tuesday, Nov. 15

U of C - Tuesday, Nov. 22

Mt. Royal - Tuesday, Nov. 29

All Grade 11 and 12 students will be going to the **Alberta Post-Secondary Fair** at Master's College on Thursday, November 17, where 15 institutions will be on hand to answer questions.

Do you want to be a **Gene Researcher For A Week**? Grade 11 and 12 students are invited to participate in an opportunity to gain insight into the world of genetic diseases through a mentorship in one of Canada's top genetic labs during spring break. For more details, visit [goo.gl/5dQimg](http://goo.gl/5dQimg). You can contact me by [email](#) or [book an appointment](#) if you have any questions.