

MENTAL HEALTH SUPPORTS @ CCS

Our FSLC and Making Connections Worker have created [this document](#) both outlining their roles and providing helpful Mental Health resources to CCS families.

Kelly Schmaltz

FAMILY SCHOOL LIASION COUNSELLOR
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FSLCs provide counselling support to students and families and when appropriate, we also direct families to outside services. In many cases, we provide support and information through consultation and may make referrals to agencies such as; Mental Health, psychological services, medical clinics, and social services. In addition to counselling, we offer classroom presentations on various topics aimed at supporting students' mental, emotional, social, and behavioral wellness so that they may achieve their optimal potential in all areas.

Visit Kelly's directory page [here](#) to read her bio and contact her, if needed.

Leah Ekubazgi

MAKING CONNECTIONS WORKER
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Making Connections Workers promote health and wellness, create space for students to grow in social-emotional skills through small groups and class presentations. In terms of family support, Making Connections Workers provide referrals to external agencies within the community. Our goal is to bridge the gap and improve access for families to services in their communities.

To know more about, or to contact Leah, visit her directory page, [here](#).

You are precious in my eyes, and honored, and I love you.
Isaiah 43:4

