

Calgary Christian School
ATHLETE CODE OF CONDUCT



As a Christian involved in athletic competition, the administration and staff at CCS believes that all athletes, coaches, spectators, and parents represent Christ. Because they are constantly in the “spotlight” these participants in our community must recognize and accept their responsibility of adhering to a higher standard of behavior that is in line with our Christ-centered philosophy. Each must maintain a high standard of excellence in character, demonstrated through the ideals of sportsmanship, ethical conduct, fair play, courtesy, integrity, respect and Christ-centered values. In order to promote these ideals in all CCS sanctioned events, the following code of conduct has been developed.

- A. Strive for personal achievement and excellence through full honest effort.**
1. Play with intensity but maintain perspective. Do not let any situation deter you from your responsibility to model Christian ideals.
 2. Play to reach your God-given potential regardless of discouragement or complacency. True athletes do not give up.
- B. Strive to win only by legitimate means.**
1. Learn, understand, and adhere to the written rules of the sport.
 2. Do not manipulate the rules to gain an unfair advantage over the other teams.
 3. Recognize violence and physical or mental intimidation as harmful to sport, unfair and unacceptable. Refrain from such practices.
- C. Win with humility, lose with dignity.**
1. Give the other team full credit if they win. Refrain from excuse and accusation. Be determined to learn and grow from the experience.
 2. Accept both victory and losses with pride and compassion, being neither boastful nor bitter.
 3. Establish goals beyond only winning so you can leave with some degree of success.
- D. Control your attitude.**
1. Exercise self-control at all times in your reactions towards the other team, spectators, officials and yourself. Self-control must be demonstrated verbally as well as non-verbally. Refrain from profanity of any kind.
 2. Recognize your gifts and abilities as God-given and channel the glory received from these back to God's glory. Accept awards humbly, display a humble manner, and be thankful for your opportunities.
 3. Practice good health habits by committing to refrain from tobacco, alcohol, vape or use of other harmful drugs or substances. Follow sound nutritional guidelines.
- E. Respect visiting team members, coaches, spectators and officials.**
1. Treat visiting teams, coaches, spectators and officials as integral to sport and as honored guests. Conduct yourself with dignity worthy of your school.
 2. Believe in the honesty and integrity of the other team and in the honesty, integrity, and interpretation of game officials.
 3. Accept peacefully and without improper questioning the decision of the official.
 4. Build a cooperative attitude with other competitors. Interact with them and view them as partners sharing a mutual endeavor to improve and realize potential, not as enemies you wish to defeat.
 5. Seek to build-up other participants so that all involved can improve and experience success and fulfillment in the competition.
 6. Recognize and applaud honestly and wholeheartedly the efforts of your team regardless of circumstances.

I, *(athlete's name)* _____ commit to following this code of conduct both in letter and in spirit, and I understand that violations of this code may result in the immediate suspension of interscholastic privileges at CCS.

Athlete Signature: _____ Parent Signature: _____

Date: _____