

## Personal Credo: Dessert is the Best

By: Martha Anderson

I think that it is difficult to hate such a delicious dessert like ice cream. Especially when every time you take a bite, it melts into your mouth with flavors that send you rocketing to your dream vacation spot. I believe that ice cream is one of the best confections, with so many different flavors it can cool you right down to the bone. There are an abundance of options. It's almost impossible to choose just one, rocky road, chocolate peanut butter, strawberry, cookie dough, birthday cake, vanilla, cotton candy, bubble gum, chocolate, and butter pecan. The frozen cream slithers

down your throat creating instant happiness and satisfaction. With such a delicious option, how could anyone hate dessert? I believe another absolutely scrumptious dessert is cake. It is a fluffy, moist, decadent, and rich dessert. Especially when it is slathered with icing and decorated so beautifully, like Leonardo Da Vinci's Mona Lisa. With tall tiers, colorful icing, flavourful batter, and impeccable decor, it is the perfect addition to any celebration or occasion. After that first bite, it creates bubbling joy within you. There is nothing better than a slice of cake.

I believe that dessert is superior to breakfast, lunch and dinner. I believe that everyone should find a dessert they love, because desserts can bring joy in such simple forms. I believe that cookies are also an appetizing choice. Cookies are so customizable and can please everyone's desires. They are especially delicious when they are chewy, crunchy, soft, full of chocolate, gooey, warm, and fresh from the oven that they are adored by millions of people. I believe that you can't go wrong with either a freshly baked cookie, or a store bought cookie, for they all are delicious and have the same magical effect. I believe that everyone should enjoy dessert in their life, because why would anyone want to avoid heaven. Desserts are the greatest type of food, and I don't have a single doubt.



# Movie Review: Dune Part 2

**Genre:** Sci-Fi/Action

**Age Rating:** PG-13 due to scenes of strong violence, suggestive material, (one scene with peculiar incestuous kiss) Viewer discretion is advised.

**Stars (IMDb):** 8.9/10

## **!WARNING DUNE 1 SPOILERS!**

After the genocide of the House of Atreides, Paul travels among the Fremen and the mysterious girl he sees in his dreams to learn about their ways of desert survival. Slowly, he became part of the Fremen. Paul begins to realize that some of the nomads believe he is the Lisan-Al-Gaib (a religious figure similar to a messiah in Fremen culture). His mother Lady Jessica and her sisterhood, the

Bene Gesserit, have a similar belief. So, they give Paul the name of Kwisatz Haderach. As a result, Paul must then find out who he is and expose the emperor for the fraud that he is.

In my opinion this movie was a cinematic masterpiece. The shots were amazing, the script was well done and the acting was fantastic. The problem was the storyline and moral conflicts throughout the film. Some viewers might find this movie disturbing, due to the new antagonist Feyd-Rautha and the outcome of the film. There were a few strange scenes that could be described as demonic. That being said, it

depends on the person and their spiritual sensitivity. I would suggest this movie, but first prepare yourself for an uncomfortable situation if you are spiritually sensitive.



By: Levi Simpson

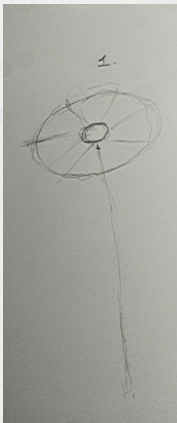
## Blossoming Artistry: A Beginner's Guide to Drawing Flowers

Today we will be learning about how to draw a perfect flower. The flower is known to be the simplest but also the prettiest of images to draw due to the various shapes, colors, and dynamics. Flowers are an excellent thing to fill your sketchbook with, as well as a beautiful subject, and they are definitely worth learning how to draw. Learning to draw is an important tool for developing creative skills at an early age. It helps with hand-eye coordination skills and the ability to see objects in 3D. (continues on pg. 3)

# Blossoming Artistry: A Beginner's Guide to Drawing Flowers (continued)

When choosing the flower you want to draw, it is important to know what the flower symbolizes. For example a rose symbolizes love, marigolds symbolize creativity, a lily symbolizes purity and a sunflower symbolizes happiness.

Today I will be teaching you how to draw a Cosmo flower, which symbolizes order harmony and balance.



Instructions:

1. The first thing we will do is form the drawing into different shapes

→ Draw a big circle in the center of your paper

→ Draw a tiny circle in the center

→ Draw a line attached to the tiny circle in the middle to form a stem

→ Draw lines across the circle to the line to make it look like pizza slices

2. Draw cylinders halfway around the circle in the middle make sure they are not bigger than the outer circle to the middle circle the cylinders will represent the petals. Draw 3 Tiny cylinders on the edge of the other half of the circle to represent the ones that do not show that much.

3. Now it is time to add the details to make the flower look realistic. You should look at an actual flower for reference, make sure to look closely at the details.

4. Now to wrap up, add some color. Like stated in part three, you should look at the real life flower before coloring it, this will help it look more realistic with the shades and colors.

As we sign off, let your imagination bloom. Perhaps your flower will inspire a poem, a song, or a dance. Maybe it'll find a home on a greeting card or a classroom wall. Whatever the outcome, know this: You've created something beautiful—a testament to your spirit.

So, my fellow sketchers, keep your pencils sharp, your hearts open, and your eyes on the horizon. For in every petal, there's a universe waiting to unfold.

Until next time, may your creativity flourish like a wildflower in spring.

With love and ink-stained fingertips,

Nya

"Flowers have spoken to me more than I can tell in written words. They are the hieroglyphics of angels, loved by all men for the beauty of their character, though few can decipher even fragments of their meaning." – Lydia M. Child



## How Globalization is Affecting Youth Today

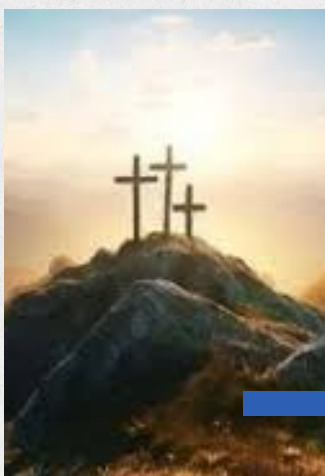
Globalization is an ever changing, ever growing phenomenon. It shapes the way we think, the way we act, and the way we see the world. However, the amount of information we are exposed to on a daily basis is much greater than what we would have experienced back in the 20th century. It can result in blossoming ideas, incredible breakthroughs, but can also have severe consequences on the younger generations as they try and navigate this ever shifting world.

It is astounding the amount of information we have at our fingertips. From your couch you can see the war going on in Ukraine, the weather in England, and the election in the United States. Although this would seem as if we are being educated about the world around us, it can lead to undue stress and anxiety. All this access to information has led to “five to eight times as many children and college students [reporting] clinically significant depression or anxiety than 50 years ago” (The Atlantic). Children 50 years ago were most likely worried about what toys they wanted for their birthdays, or when they could go over to play with their friend Tommy. Now we have a generation of children whose thoughts are consumed with world issues. What needs to change?

While the age of globalization has led to many great things, we cannot ignore that it has given us many difficulties as well. As a society we must find a way to combat these issues and find balance in our lives.

### Bible Verse of the Month: John 14:1-4

Do not let your hearts be troubled. You believe in God; believe also in me. My Father’s house has many rooms; if that were not so, would I have told you that I am going there to prepare a place for you? And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am. You know the way to the place where I am going.” This bible verse is the bible verse of the month because it is about faith, even in the hard times.



# Scars To Your Beautiful: A Song About Self Love

The song of the month is 'Scars to your Beautiful' by Alessia Cara. This is a beautiful song about loving yourself, and being self confident about how you look. All bodies look different, but that doesn't mean they aren't all beautiful. My favorite part of the song is the chorus which says, "There's a hope that's waiting for you in the dark, you should know you're beautiful just the way you are. And you don't have to change a thing, the world could change its heart. No scars to your beautiful, we're stars and we're beautiful." It shows that everyone is beautiful, and there's no changing that. In 1 Peter 3:3-4, it says, "Your beauty should not come from outward adornment, such as

elaborate hairstyles and the wearing of gold jewelry or fine clothes. Rather, it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God's sight." So next time you feel self conscious, pray, and know that you're beautiful.



By: Rae Martin

By: Zac Basset

## CCS Sports: Our School Mascot



This month's "Cougar Sports" is about our dearly loved mascot: Cleo the Cougar. Cleo has been the mascot of our school for over 30 years. Attending some games, and big events. Cleo loves to give hugs, high fives, and selfies! Also make sure to keep an eye out for Cleo at games and big events. Don't forget that Cleo loves to give signatures, and hugs. So, don't forget to high five cleo if you see him!

### Quote of The Month

"Kindness, grace, and love are more contagious than a virus."

~ Unknown

### Joke of The Month

Why can April jump so high?  
It's spring!

“Be not afraid of greatness: some are born great, some achieve greatness and some have greatness thrust upon them” - Twelfth Night

## Lights! Camera! Shakespeare! By: Emilie Baghdan & Abrielle Parker

William Shakespeare was an 16th century poet and playwright genius who wrote a variety of masterpieces with categories such as tragedies, history, and comedy. Let's take a closer look into why he's so significant.

Shakespeare was born on April 23, 1564 in England. He started his career in an acting group called the Lord Chamberlain's Company and played a very important role as a part of it. At first, they started off with using different theaters to perform at, until they finally built the famous Globe Theatre. Did you know that every role was played by men at the time? Based on the audience, they would sometimes perform simple plays, other times they would perform high complexity performances.

Shakespeare's captivating programs had a variety of interlocking plots, twists and turns. William tried to design his plays in such a way that there was always something in the play that stood out or was relatable to every member of his vast audience. He and his company both performed for the king's court and King James I.

William wrote poetry and sonnets, and he was inspired by the poem Ovid's Metamorphoses. At first, his stories only contained comedy and history, like the plays Henry VI and A Midsummer Night's Dream. After that he dived even deeper, expanded his platform, and wrote plays like Romeo and Juliet, and Hamlet, which were tragedies.

Shakespeare had his own language, and used phrases like, "Romeo, Romeo, wherefore art thou

Romeo?" and "Hither" when writing. He also used lots of metaphors and came up with a lot of words that we still use today, like gossip, and lonely. The English language would not be complete without him.

After writing many plays, poems, and sonnets, William Shakespeare died in 1616 at the age of 52. Leaving us to continue to carry on his memory, by including many of his masterpieces in our lives today in the way we live, talk, as well as in what we watch and see.



# Could AI Be Growing Too Fast?

By: Abigail Lindemulder

*Nearly 77% of devices today use artificial intelligence in one way or another*

Artificial Intelligence, or more commonly known as AI, is an incredibly new and exciting thing, but could it be becoming a problem? We've all heard of different fictional stories about robots becoming too advanced and trying to take down humans. The scary thing is, that fiction could be getting closer to being a reality. AI is a good tool and can be used for human advancement, but there is a lack of regulation on these experiments. It has spread quite a bit of fake information about influential people, and has

even made its way to affecting the lives of everyday students.

*In a test, GPT-4 performed 90% better than human test takers on the Uniform Bar Exam, which is a standardized test to certify lawyers for practice.*

AI has been growing really fast for a short period of time and this is due to a lack of regulation. Soon there will be something called Artificial General Intelligence. This is where AI will be able to improve itself without human intervention. It is assumed that superintelligent AI will be able to do in one second what it would take a hundred human software engineers to do in at least a year.

The idea that this stuff could actually get smarter than people.... I thought it was way off.... Obviously, I no longer think that," said Geoffrey Hinton, Google's top artificial intelligence, also known as the godfather of AI. Hinton quit his job in April 2023. He quit because he believed he could express his concerns about rapidly moving AI more freely, it makes sense why he would want to spread his concerns, especially the title people have given him. He even said that with the competition between Microsoft and Google, they would keep pushing AI without necessary boundaries. 36% of AI experts said that they fear AI development could end in a nuclear-level catastrophe. "My worry is that it will [make] the rich richer and the poor poorer. As you do that ... society gets more violent." Said Geoffrey Hinton. AI is growing fast, but is it more frightening that AI could control itself, or that humans can control AI.

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## Top 5 Pick up Lines to Use on Your Next Date:

Number 1: Hey, my name's Microsoft. Can I crash at your place tonight?

Number 2: Are you a parking ticket? Because you've got FINE written all over you.

Number 3: I must be a snowflake, because I've fallen for you.

Number 4: do you believe in love at first sight—or should I walk by again?

Number 5 : I wish I were cross-eyed so I can see you twice

By: Ben Munnings

# Could AI Be Growing Too Fast? (Continued)

*An analysis around the 2016 presidential election that the top 20 fake news sources were more engaged than the top 20 credible sources.*

It is a common known fact that there is lot's of fake information in the world, and with social media being as widespread as it is, people are becoming more and more cautious of what to believe or not. AI is not helping with the distrust. "Deep Fake video technology" is when AI changes how someone's face looks and moves different faces onto another person's body. This can sound like fun, but has become a big problem. There have been videos of influential people like politicians and influencers saying terrible stuff and spreading conspiracy, or pictures showing incredibly inappropriate things. These pictures can look incredibly realistic and make people very confused. A good example is when someone used AI to make fake news videos with the new anchor's saying disrespectful and

incorrect information. Or an AI video in 2022 of Volodymyr Zelensky, the president of Ukraine, announcing a surrender. As AI grows, it's getting harder to differentiate real from fake.

*Over 47% of learning management tools will be powered by AI in the following three years.*

With growing technology and inventions, humans have had to do much less work to do simple tasks, but can that become a problem? In this rapidly growing generation of technology, you can turn off the lights in your house by pressing a button on your phone. You can play music and look up answers by talking to a speaker. While this is incredibly handy, it can make people more and more lazy. With AI devices like Chat GPT you can have a robot write your entire article with just a simple sentence. Which, as you can guess, can be a problem, especially with school and work. Picture it this way, your teacher gives you an assignment. You have to write a two page essay about a topic

of interest. You really don't want to write this essay, but you need to to get a good grade. Instead of actually having to write out to pages, you can simply tell Chat GPT what you want it to write. This may not seem like that big of a deal but can become a problem when you want a real job. If you cannot write a proper article or email, then companies likely will not want to hire you and you are less likely to become successful.

*84% of C-level executives believe that they need to adopt and leverage Artificial Intelligence to drive growth objectives.*

AI could be becoming a real problem, so it is important to remember that not everything you find online is real. Hopefully artificial intelligence gets better regulation, and people learn to decipher real from fake. And although AI can be used for many bad things, it is a very useful tool, just as long as it develops in small amounts and humans are able to fully understand and control it.



# What's Happening at CCS

By: Gena Myson

With March coming to a close, April will bring forth many new opportunities and fun events and hopefully some form spring. And as we all know that during this time it's our time to completely reflect on the sacrifice Jesus made for all of us. "He himself bore our sins, in His body on the cross so that we might die of sins and live for righteousness; by His wounds we are healed." 1 Peter 2:24. Easter is a time of goodness, it is also a time of reflection on yourself, on your life and as a servant to God. To change any sinful ways of yours and become closer to God. It is also important to understand how truly blessed we are to have Jesus's love in our lives, to know that He loved us so much He was willing to die a horrific death for us just so we could meet Him in heaven. No Father ever loved their children so much, which is also why we celebrate the day He

risers again, as "He was raised from the dead to make us right from God." Romans 8:34. So enjoy your time with your family and celebrate the resurrection of Jesus, sending you and your families much love from CCS. In other news with spring on its way it's time to drown out all the gloomy bland colors that come with every Calgarian Winter with new fresh neon! As on April 24th High School Student Council is hosting a totally tubular 80's Neon Disco. Gals, dress up in the most flashy dress, skirt, shirt, shorts, and especially socks. Big hair is always better, so fluff it up and blow it out to mess it up as you party hard. As for the guys, bring you crazy shorts, tropical shirts, suit jackets and slick back your hair to show just how much of a party animal you are. And it's always recommended to dress up as your favorite character from an 80's movie such as

some cold cut classics like The Breakfast Club, The Karate Kid or Back to the Future. There will be pizza, snacks and a great playlist to dance the night away on April 24th, so save the date! Another date to keep in mind is May 5th, the day the student council is hosting the High School Talent Show! Word has been going around about a talent show for the highschool and now such a rumor has become a reality. So on May 5th be brave, take a chance and go on stage and have a blast! You can sing, dance or even make some amazing car sounds. For more information you can look at the many posters in the hallways and scan the QR code, or ask one of the many members of the student council. Happy Easter!



"April is a reminder that life is a beautiful, ever-renewing cycle"

- E.E. Cummings