

## What is an FSLC?

FSLCs are an integral member of the collaborative school team and offer professional services providing emotional, social and spiritual supports to our students and their families. Counsellors provide professional services that include individual counselling, peer support programs and support groups, while liaising with the student's parents/guardians. FSLCs are employed by Palliser School Division and play an integral role in ensuring the overall success of our students through effective collaboration with administration, teachers, and non-certificated staff.

## Concerns?

Contact the counsellor directly or speak with the FSLC Coordinator, Erika Publow.

## FSLC Contact Information

FSLC Coordinator: 403.328.4111  
Arrowwood: 403.534.3825  
Barons: 403.757.2579  
Brant Christian School: 403.684.3752  
Calgary Christian School: 403.242.2896  
CIS Akram Jomaa: 403.248.2773  
CIS Omar Bin Al-Khattab: 587.353.8900  
Carmangay School: 403.643.2576  
Champion School: 403.897.3831  
Coalhurst Elementary: 403.381.3330  
Coalhurst High: 403.381.4812  
Colonies: 403.915.5217  
County Central: 403.485.2223  
Dorothy Dagliesh: 403.732.5636  
Heritage Christian Academy: 403.219.3201  
Horizon Leadership Academy: 403.460.1746  
Huntsville: 403.738.4522  
Jennie Emery: 403.345.2403  
John Davidson: 403.345.3161  
Kate Andrews: 403.345.3383  
Master's Academy & College: 403.242.7034  
Menno Simons: 403.531.0745  
Milo: 403.599.3817  
National Sports School: 403.777.7329  
Noble Central: 403.824.3817  
Palliser Beyond Borders: 403.472.0202  
Picture Butte: 403.732.4404  
R.I. Baker: 403.345.3340  
Sunnyside: 403.327.9214  
Trinity: 403.254.6682  
Vulcan Prairieview: 403.485.2074

## Palliser School Division Family School Liaison Program



# Rights of Students and Families

Students and/or family members have the right to ask questions or get clarification at any time. The student and/or family members have the right to refuse any technique or activity. Involvement in the Family School Liaison Program is voluntary, so students and/or family members have the right to stop receiving counselling at any time. Counsellors provide a range of professional services that include:

- individual counselling
- crisis counselling
- grief support
- peer support programs
- support groups
- community crisis supports

## Accessing Counselling

- Speak to a teacher/member of staff
- Contact the school counsellor directly

# What Happens in Counselling?

Students and families first meet with the counsellor to discuss their concerns. The counsellor will assess the situation and work with the student and the family to develop a treatment plan. The treatment plan is made up of goals and strategies. The counsellor will facilitate sessions that work towards reaching these goals. These goals will be discussed and reviewed regularly.

## Risks & Benefits

Students report counselling helps them gain skills to deal with a variety of issues and they like having someone safe and private to talk to. However, talking about issues may cause uncomfortable thoughts or feelings. While this is normal, it does not feel very good. Please discuss any concerns with the counsellor.

# Confidentiality

All notes and discussions from the counselling sessions are kept confidential unless:

- The student is hurting themselves
- The student knows of someone being hurt
- The counsellor is subpoenaed
- The student provides consent for information to be shared

## Storing Confidential Information

All session notes, intake meeting notes, consent forms, treatment plans, and other relevant information is kept in a confidential electronic file separate from the student's school file. Legal guardians may access the notes according to the Freedom of Information and Protection of Privacy Act regulations.