What is an ESLC?

FSLCs are an integral member of the collaborative school team and offer professional services providing emotional, social and spiritual supports to our students and their families. Counsellors provide professional services that include individual counselling, peer support programs and support groups, while liaising with the student's parents/quardians. FSLCs are employed by Palliser School Division and play an integral role in ensuring the overall success of our students through effective collaboration with administration, teachers, and noncertificated staff.

Concerns?

Contact the counsellor directly or speak with the FSLC Coordinator, Erika Publow.

FSLC Contact Information

FSLC Coordinator: 403.328.4111

Arrowwood: 403.534.3825

Barons: 403.757.2579

Brant Christian School: 403.684.3752 Calgary Christian School: 403.242.2896

CIS Akram Jomaa: 403.248.2773

CIS Omar Bin Al-Khattab: 587.353.8900

Carmangay School: 403.643.2576 Champion School: 403.897.3831 Coalhurst Elementary: 403.381.3330

Coalhurst High: 403.381.4812

Colonies: 403.915.5217

County Central: 403.485.2223 Dorothy Dagliesh: 403.732.5636

Heritage Christian Academy: 403.219.3201 Horizon Leadership Academy: 403.460.1746

Huntsville: 403.738.4522 Jennie Emery: 403.345.2403 John Davidson: 403.345.3161 Kate Andrews: 403.345.3383

Master's Academy & College: 403.242.7034

Menno Simons: 403.531.0745

Milo: 403.599.3817

National Sports School: 403.777.7329

Noble Central: 403.824.3817

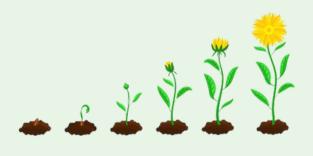
Palliser Beyond Borders: 403.472.0202

Picture Butte: 403.732.4404 R.I. Baker: 403.345.3340 Sunnyside: 403.327.9214

Trinity: 403.254.6682

Vulcan Prairieview: 403.485.2074

Palliser School Division Family School Liaison Program





Rights of Students and Families

Students and/or family members have the right to ask questions or get clarification at any time. The student and/or family members have the right to refuse any technique or activity. Involvement in the Family School Liaison Program is voluntary, so students and/or family members have the right to stop receiving counselling at any time. Counsellors provide a range of professional services that include:

- individual counselling
- crisis counselling
- grief support
- peer support programs
- support groups
- community crisis supports

Accessing Counselling

- Speak to a teacher/member of staff
- Contact the school counsellor directly

What Happens in Counselling?

Students and families first meet with the counsellor to discuss their concerns. The counsellor will assess the situation and work with the student and the family to develop a treatment plan. The treatment plan is made up of goals and strategies. The counsellor will facilitate sessions that work towards reaching these goals. These goals will be discussed and reviewed regularly.

Risks & Benefits

Students report counselling helps them gain skills to deal with a variety of issues and they like having someone safe and private to talk to. However, talking about issues may cause uncomfortable thoughts or feelings. While this is normal, it does not feel very good. Please discuss any concerns with the counsellor.

Confidentiality

All notes and discussions from the counselling sessions are kept confidential unless:

- The student is hurting themselves
- The student knows of someone being hurt
- The counsellor is subpeoned
- The student provides consent for information to be shared

Storing Confidential Information

All session notes, intake meeting notes, consent forms, treatment plans, and other relevant information is kept in a confidential electronic file separate from the student's school file. Legal guardians may access the notes according to the Freedom of Information and Protection of Privacy Act regulations.